

LAMPIRAN

Lampiran 1. Ijin Penelitian

Lampiran 3. Data Penelitian

No	Nama	Umur	Kelamin	TB	%	BB	Status Gizi	Kategori
1	D	10/12/2000	P	127cm	24.1	21 kg	87.13	Kurang
2	ATB	4/03/2000	L	132cm	26.5	32 kg	120.75	Baik
3	AUP	4/03/2000	L	130cm	25.5	30 kg	117.64	Baik
4	YA	23/01/2001	L	132cm	26.5	27 kg	101.88	Baik
5	FA	22/03/2001	P	126cm	21.3	27 kg	126.76	Baik
6	NG	13/02/2001	P	141cm	32.7	32 kg	97.85	Baik
7	NL	16/08/2001	P	130cm	23	29 kg	126.08	Baik
8	PNS	3/11/2001	P	127cm	24.1	28 kg	116.18	Baik
9	SBS	1/02/2000	P	132cm	26.8	24 kg	89.55	Kurang
10	SP	2/08/2000	P	133cm	27.4	32 kg	116.78	Baik
11	SNF	23/09/2000	P	131cm	26.2	29 kg	110.68	Baik
12	AS	28/03/2000	L	132cm	26.5	35 kg	132.07	Baik
13	AA	15/04/2000	L	137cm	29.5	34 kg	115.25	Baik
14	AH	30/06/2000	L	135cm	28.2	38 kg	134.75	Baik
15	AA	13/11/2000	L	131cm	26	33 kg	126.92	Baik
16	AA	22/05/2000	L	125cm	23	30 kg	130.43	Baik
17	BA	9/02/2001	L	132cm	26.5	35 kg	132.07	Baik
18	HTT	1/06/2000	L	139cm	30.9	36 kg	116.5	Baik
19	MRT	12/12/2000	L	138cm	30.2	35 kg	115.89	Baik
20	MT	18/09/2000	L	130cm	25.5	34.5 kg	135.29	Baik
21	SL	1/08/2000	P	136cm	29.2	36 kg	123.28	Baik
22	SH	23/10/2001	L	134cm	27.5	30 kg	109.09	Baik
23	LR	27/11/2001	P	138cm	30.6	36 kg	117.64	Baik
24	N	19/11/2000	L	141cm	32.1	42 kg	130.84	Baik
25	RHP	17/09/2000	L	148cm	36.7	43 kg	117.16	Baik
26	FHA	21/04/2001	L	139cm	30.9	40 kg	129.44	Baik
27	YS	31/05/2001	L	132cm	26.5	30 kg	113.2	Baik
28	DGM	8/12/2000	L	138cm	30.2	38 kg	125.82	Baik
29	BPA	11/05/2000	L	150cm	38.4	55 kg	143.22	Baik
30	FA	25/04/2000	P	152cm	41.8	46 kg	110.04	Baik
31	JI	24/06/2000	L	142cm	32.7	43.5 kg	133.02	Baik
32	KNA	5/10/1999	P	135cm	28.6	35 kg	122.37	Baik
33	LNS	13/11/2000	P	151cm	40.9	46 kg	112.46	Baik
34	RZM	21/11/1999	L	136cm	28.8	37.5 kg	130.2	Baik
35	YS	16/06/2000	L	134cm	27.5	32 kg	116.36	Baik
36	MFT	28/02/2000	L	136cm	28.8	30 kg	104.16	Baik
37	FM	25/07/2000	L	137cm	29.5	38 kg	128.81	Baik
38	DTP	7/12/2000	P	140cm	32	39 kg	121.87	Baik

39	FK	26/02/2000	L	142cm	32.7	28 kg	85.62	Kurang
40	NA	27/02/2000	L	130cm	25.5	30 kg	117.64	Baik
41	NUR	17/03/2001	L	136cm	28.8	36 kg	125	Baik
42	SM	22/06/2000	P	138cm	30.6	35 kg	114.37	Baik
43	AA	4/08/2000	P	137cm	29.9	32 kg	107.02	Baik
44	AI	22/05/2000	L	137cm	29.5	34 kg	115.25	Baik
45	BNG	22/02/2001	L	146cm	35.4	42 kg	118.64	Baik
46	HT	16/05/2000	P	143cm	34.2	42 kg	122.8	Baik
47	IAT	16/08/2000	P	132cm	26.8	35 kg	130.59	Baik
48	KF	16/12/2000	P	142cm	33.4	30 kg	89.8	Kurang
49	LF	23/01/2001	P	147cm	37.4	40 kg	106.95	Baik
50	NJ	31/01/2001	P	149cm	39.1	40 kg	102.3	Baik
51	NP	12/04/2001	P	141cm	32.7	43 kg	131.49	Baik
52	YAP	27/04/2000	L	136cm	28.8	36 kg	125	Baik
53	NS	21/02/2001	L	147cm	36.1	50 kg	138.5	Baik

No	Nama	JK	lari 40 m (detik)	N	gantungan siku (Detik)	N	Baring duduk (Kali)	N	Loncat tegak (Cm)	N	Lari 600 m (Menit)	N	TKJI	Kategori
1	D	P	10.53	1	6	2	6	2	25	2	5.28	1	8	Kurang sekali
2	ATB	L	6.52	4	16	3	26	5	35	3	3.33	2	17	Sedang
3	AUP	L	6.88	4	20	3	14	3	24	2	2.4	3	15	Sedang
4	YA	L	7.4	3	2	1	17	3	23	2	3.52	1	10	Kurang
5	FA	P	8.85	3	7	2	7	3	21	2	3.45	2	12	Kurang
6	NG	P	10.57	1	1	1	4	2	19	1	3.5	2	7	Kurang sekali
7	NL	P	8.55	3	13	3	10	3	30	3	3.59	2	14	Sedang
8	PNS	P	10.47	1	7	2	23	5	38	4	4.02	2	14	Sedang
9	SBS	P	10.45	1	0	1	1	1	24	2	5.56	1	6	Kurang sekali
10	SP	P	10.04	1	5	2	11	3	29	3	4.05	2	11	Kurang
11	SNF	P	9.05	2	18	3	6	2	24	2	3.43	1	10	Kurang
12	AS	L	7.45	3	23	3	15	3	38	4	3.25	2	15	Sedang
13	AA	L	8.19	2	4	1	5	2	25	2	3.51	1	8	Kurang sekali
14	AH	L	8.82	2	5	2	11	2	28	2	3.22	2	10	Kurang
15	AA	L	8.47	2	1	1	10	2	30	2	4.31	1	8	Kurang sekali
16	AA	L	7.65	3	27	3	14	3	33	3	2.45	3	15	Sedang
17	BA	L	7.6	3	19	3	28	5	26	2	2.4	3	16	Sedang
18	ATB	L	7.67	2	15	3	15	3	28	2	3.66	1	11	Kurang
19	MRT	L	7.9	2	18	3	10	2	38	4	2.43	3	14	Sedang
20	MT	L	6.98	4	21	3	22	4	27	2	3.22	2	15	Sedang
21	SL	P	9.1	2	4	2	6	2	27	2	4.2	2	10	Kurang
22	SH	L	9.66	1	27	3	21	4	33	3	2.25	3	14	Sedang
23	LR	P	9.1	2	17	3	1	1	21	2	4.23	2	10	Kurang
24	N	L	9.35	1	5	2	5	2	29	2	3.4	2	9	Kurang sekali
25	RHP	L	7.65	3	15	3	13	3	26	2	3.4	2	13	Kurang
26	FHA	L	8.12	2	19	3	11	2	26	2	3.57	1	10	Kurang
27	YS	L	8.99	1	9	2	8	2	24	2	3.32	2	9	Kurang sekali
28	DGM	L	8.87	2	18	3	6	2	26	2	3.23	2	11	Kurang
29	BPA	L	6.53	4	25	3	18	3	38	4	3.37	2	16	Sedang
30	FA	P	9.46	2	7	2	15	4	35	4	3.53	2	14	Sedang
31	JI	L	6.43	4	26	3	25	5	33	3	2.44	3	18	Baik
32	KNA	P	10.23	1	3	2	15	4	21	2	3.44	2	11	Kurang
33	LNS	P	8.75	3	0	1	3	2	25	2	4.19	2	10	Kurang
34	RZM	L	7.49	3	23	3	20	4	31	3	2.44	3	16	Sedang
35	YS	L	6.85	4	24	3	20	4	33	3	3.31	2	16	Sedang
36	MFT	L	8.63	2	0	1	15	3	27	2	4.31	1	9	Kurang sekali
37	FM	L	6.98	4	28	3	20	4	40	4	2.35	3	18	Baik
38	DTP	P	8.63	3	0	1	4	2	23	2	4.53	1	9	Kurang sekali

39	FK	L	8.69	2	1	1	9	2	32	3	4.52	1	9	Kurang sekali
40	NA	L	6.98	4	27	3	26	5	20	1	3.05	2	15	Sedang
41	NUR	L	6.03	5	26	3	14	3	34	3	2.41	3	17	Sedang
42	SM	P	8.22	3	17	3	15	4	33	3	3.39	2	15	Sedang
43	AA	P	10.26	1	5	2	6	2	28	3	4.06	2	10	Kurang
44	AI	L	8.23	2	5	2	14	3	36	3	3.54	1	11	Kurang
45	BNG	L	8.63	2	17	3	14	3	32	3	2.45	3	14	Sedang
46	HT	P	9.42	2	1	1	1	1	28	3	4.11	2	9	Kurang sekali
47	IAT	P	8.6	3	27	4	15	4	34	3	3.27	3	17	Sedang
48	KF	P	11.57	1	1	1	5	2	26	2	4.48	1	7	Kurang sekali
49	LF	P	9.15	2	1	1	11	3	24	2	3.22	3	11	Kurang
50	NJ	P	10.45	1	4	2	15	4	21	2	4.1	2	11	Kurang
51	NP	P	9.15	2	2	2	3	2	24	2	3.4	2	10	Kurang
52	YAP	L	7.62	3	7	2	15	3	36	3	2.37	3	14	Sedang
53	NS	L	6.12	5	28	3	13	3	32	3	2.38	3	17	Sedang

Lampiran 4. Statistik Penelitian

FREQUENCIES VARIABLES=VAR00001 VAR00002
 /STATISTICS=STDDEV MINIMUM MAXIMUM MEAN MEDIAN MODE SUM
 /ORDER=ANALYSIS.

Frequencies

Statistics

		Status Gizi	Kebugaran Jasmani
N	Valid	53	53
	Missing	0	0
Mean		118.3094	12.1887
Median		117.6400	11.0000
Mode		117.64	10.00
Std. Deviation		13.17682	3.24663
Minimum		85.62	6.00
Maximum		143.22	18.00
Sum		6270.40	646.00

Frequency Table

Status Gizi

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	85.62	1	1.9	1.9	1.9
	87.13	1	1.9	1.9	3.8
	89.55	1	1.9	1.9	5.7
	89.8	1	1.9	1.9	7.5
	97.85	1	1.9	1.9	9.4
	101.88	1	1.9	1.9	11.3
	102.3	1	1.9	1.9	13.2
	104.16	1	1.9	1.9	15.1
	106.95	1	1.9	1.9	17.0
	107.02	1	1.9	1.9	18.9
	109.09	1	1.9	1.9	20.8
	110.04	1	1.9	1.9	22.6
	110.68	1	1.9	1.9	24.5
	112.46	1	1.9	1.9	26.4
	113.2	1	1.9	1.9	28.3
	114.37	1	1.9	1.9	30.2

115.25	2	3.8	3.8	34.0
115.89	1	1.9	1.9	35.8
116.18	1	1.9	1.9	37.7
116.36	1	1.9	1.9	39.6
116.5	1	1.9	1.9	41.5
116.78	1	1.9	1.9	43.4
117.16	1	1.9	1.9	45.3
117.64	3	5.7	5.7	50.9
118.64	1	1.9	1.9	52.8
120.75	1	1.9	1.9	54.7
121.87	1	1.9	1.9	56.6
122.37	1	1.9	1.9	58.5
122.8	1	1.9	1.9	60.4
123.28	1	1.9	1.9	62.3
125	2	3.8	3.8	66.0
125.82	1	1.9	1.9	67.9
126.08	1	1.9	1.9	69.8
126.76	1	1.9	1.9	71.7
126.92	1	1.9	1.9	73.6
128.81	1	1.9	1.9	75.5
129.44	1	1.9	1.9	77.4
130.2	1	1.9	1.9	79.2
130.43	1	1.9	1.9	81.1
130.59	1	1.9	1.9	83.0
130.84	1	1.9	1.9	84.9
131.49	1	1.9	1.9	86.8
132.07	2	3.8	3.8	90.6
133.02	1	1.9	1.9	92.5
134.75	1	1.9	1.9	94.3
135.29	1	1.9	1.9	96.2
138.5	1	1.9	1.9	98.1
143.22	1	1.9	1.9	100.0
Total	53	100.0	100.0	

Kebugaran Jasmani

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	6	1	1.9	1.9	1.9
	7	2	3.8	3.8	5.7
	8	3	5.7	5.7	11.3
	9	6	11.3	11.3	22.6

	10	9	17.0	17.0	39.6
	11	7	13.2	13.2	52.8
	12	1	1.9	1.9	54.7
	13	1	1.9	1.9	56.6
	14	7	13.2	13.2	69.8
	15	6	11.3	11.3	81.1
	16	4	7.5	7.5	88.7
	17	4	7.5	7.5	96.2
	18	2	3.8	3.8	100.0
	Total	53	100.0	100.0	

FREQUENCIES VARIABLES=VAR00001 VAR00002
/ORDER=ANALYSIS.

Frequencies

Statistics

		Status Gizi	Kebugaran Jasmani
N	Valid	53	53
	Missing	0	0

Frequency Table

Status Gizi

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Baik	49	92.5	92.5	92.5
	Kurang	4	7.5	7.5	100.0
	Total	53	100.0	100.0	

Kebugaran Jasmani

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Baik	2	3.8	3.8	3.8
	Sedang	21	39.6	39.6	43.4
	Kurang	18	34.0	34.0	77.4
	Kurang sekali	12	22.6	22.6	100.0
	Total	53	100.0	100.0	

Lampiran 5 Uji Normalitas

NPAR TESTS

/K-S(NORMAL)=VAR00001 VAR00002

/MISSING ANALYSIS.

NPar Tests

One-Sample Kolmogorov-Smirnov Test

		Status Gizi	Kebugaran Jasmani
N		53	53
Normal Parameters ^a	Mean	118.3094	12.1887
	Std. Deviation	13.17682	3.24663
Most Extreme Differences	Absolute	.106	.171
	Positive	.061	.171
	Negative	-.106	-.146
Kolmogorov-Smirnov Z		.774	1.246
Asymp. Sig. (2-tailed)		.587	.090
a. Test distribution is Normal.			

Lampiran 6. Uji Linieritas

MEANS TABLES=VAR00002 BY VAR00001
/CELLS MEAN COUNT STDDEV
/STATISTICS LINEARITY.

Means

Case Processing Summary

	Cases					
	Included		Excluded		Total	
	N	Percent	N	Percent	N	Percent
Kebugaran Jasmani * Status Gizi	53	100.0%	0	.0%	53	100.0%

Report

Kebugaran Jasmani

Status Gizi	Mean	N	Std. Deviation
85.62	9.0000	1	.
87.13	8.0000	1	.
89.55	6.0000	1	.
89.8	7.0000	1	.
97.85	7.0000	1	.
101.88	10.0000	1	.
102.3	11.0000	1	.
104.16	9.0000	1	.
106.95	11.0000	1	.
107.02	10.0000	1	.
109.09	14.0000	1	.
110.04	14.0000	1	.
110.68	10.0000	1	.
112.46	10.0000	1	.
113.2	9.0000	1	.
114.37	15.0000	1	.
115.25	9.5000	2	2.12132
115.89	14.0000	1	.
116.18	14.0000	1	.
116.36	16.0000	1	.
116.5	11.0000	1	.
116.78	11.0000	1	.
117.16	13.0000	1	.
117.64	13.3333	3	2.88675
118.64	14.0000	1	.

120.75	17.0000	1	.
121.87	9.0000	1	.
122.37	11.0000	1	.
122.8	9.0000	1	.
123.28	10.0000	1	.
125	15.5000	2	2.12132
125.82	11.0000	1	.
126.08	14.0000	1	.
126.76	12.0000	1	.
126.92	8.0000	1	.
128.81	18.0000	1	.
129.44	10.0000	1	.
130.2	16.0000	1	.
130.43	15.0000	1	.
130.59	17.0000	1	.
130.84	9.0000	1	.
131.49	10.0000	1	.
132.07	15.5000	2	.70711
133.02	18.0000	1	.
134.75	10.0000	1	.
135.29	15.0000	1	.
138.5	17.0000	1	.
143.22	16.0000	1	.
Total	12.1887	53	3.24663

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
Kebugaran Jasmani * Status Gizi	Between Groups	(Combined)	521.947	47	11.105	2.122	.204
		Linearity	181.278	1	181.278	34.639	.002
		Deviation from Linearity	340.669	46	7.406	1.415	.379
	Within Groups		26.167	5	5.233		
	Total		548.113	52			

Lampiran 7. Uji Korelasi

CORRELATIONS
/VARIABLES=VAR00001 VAR00002
/PRINT=TWOTAIL NOSIG
/MISSING=PAIRWISE.

Correlations

Correlations		Status Gizi	Kebugaran Jasmani
Status Gizi	Pearson Correlation	1	.575**
	Sig. (2-tailed)		.000
	N	53	53
Kebugaran Jasmani	Pearson Correlation	.575**	1
	Sig. (2-tailed)	.000	
	N	53	53

**. Correlation is significant at the 0.01 level (2-tailed).